



Arkansas ARES/RACES Training Plan

This is the Arkansas ARES/RACES Training Roadmap.

There are two major areas:

1. General ARES/RACES Training.
2. Training to help us work with our served agencies.

Course Descriptions:

In terms of General ARES training, the ARRL offers three Amateur Radio Emergency Communications Courses:

(1.) Amateur Radio Emergency Communications **EC-001** - Introduction to Amateur Radio Emergency Communications. A basic course to raise awareness and provide additional knowledge and tools for any emergency communications volunteer. This course has 23 lesson units, is expected to take approximately 25 hours to complete over an 8-week period. This course is **highly recommended for all ARES/RACES members.**

(2.) Amateur Radio Emergency Communications **EC-002** – Intermediate Amateur Radio Emergency Communications. A more in-depth study into amateur radio emergency communications to enhance the skills and knowledge received from previous experience. Level I ARECC is required prior to taking Level II. This course has 20 lesson units, is expected to take approximately 25 hours to complete over an 8-week period. This course is recommended for any member who may want to participate as a Net Control Station or wants to learn more than is covered in the level 1 course. It is **highly recommended for all ARES/RACES Leaders.**

(3.) Amateur Radio Emergency Communications **EC-003** - Advanced Amateur Radio Emergency Communications. This course is designed to bridge the gap between basic participation and leadership. Both Level I and Level II certifications are required prior to

taking this course. This course has 23 lesson units, is expected to take approximately 25 hours to complete over an 8-week period.

All of the above courses are Internet-based, self-paced (within the 8 week period) and consist of learning experiences on-line, on the air, and working over the Internet via e-mail with a mentor.

Training to help us work better with our served agencies:

DHS IS-700 National Incident Management System (NIMS), an Introduction

<http://training.fema.gov/EMIWeb/IS/is700.asp>

DHS Description: On February 28, 2003, President Bush issued Homeland Security Presidential Directive-5. HSPD-5 directed the Secretary of Homeland Security to develop and administer a National Incident Management System (NIMS). NIMS provides a consistent nationwide template to enable all government, private-sector, and nongovernmental organizations to work together during domestic incidents.

The DHS IS-700 Course introduces NIMS and takes approximately three hours to complete. It explains the purpose, principles, key components and benefits of NIMS. The course also contains "Planning Activity" screens giving you an opportunity to complete some planning tasks during this course. The planning activity screens are printable so that you can use them after you complete the course.

This course is vital to understanding how FEMA/DHS operate **during disasters** and other times. It provides a very slim description of ICS, which is a vital part of NIMS, but NIMS is more than ICS. This course is **highly recommended for all ARES/RACES members and the leadership.** This course should be a high priority for any ARES member who is interested in understanding FEMA/DHS disaster management. If a person is going to take IS-100 and IS-200 they should take them before IS-700.

FINAL NOTE: IS-700 NIMS is the most important of all of these courses for any ARES/Races member.

IS-701 Course: This web-based course offers training on how to coordinate the components of a multi-agency coordination system and how the relationships between all elements of the system are established.

Integrated systems, where all incident-supportive facilities, equipment, personnel, procedures, and **communications** are combined, provide the means for coordinating and supporting domestic incident management activities. <http://training.fema.gov/EMIWeb/IS/is701.asp>

DHS IS-22 Are You Ready: <http://www.ready.gov/>

An In-depth Guide to Citizen Preparedness

DHS Description: This guide has been prepared for direct dissemination to the general public and is based on the most reliable hazard awareness and emergency education information available at the time of publication, including advances in scientific knowledge, more accurate technical language and the latest physical research on what happens in disasters.

Every adult or high-school student in America should be encouraged to take this course. It does not require using the on-line system so no technological expertise is required.

DHS IS-100 Incident Command System, Basic

<http://training.fema.gov/EMIWeb/IS/is100.asp>

DHS Description: This course is designed to give an introduction to the principles, common terminology and position responsibilities when responding to an event using the Incident Command System.

This course is vital for understanding the ICS and is **highly recommended** for **all ARES/RACES members and leaders**.

DHS IS-200 Incident Command System, Basic

<http://training.fema.gov/EMIWeb/IS/is200.asp>

DHS Description: This course has been developed to compliment the IS-100 course for the Federal disaster response workforce, and to take the student's education to the I-200 level.

This course provides a more detailed explanation than the IS-100 course.

DHS IS-800A National Response Plan, An Introduction

<http://training.fema.gov/EMIWeb/IS/is800.asp>

DHS Description: The NRP provides a framework to ensure that we can all work together when our Nation is threatened.

This course completes what is called the "alphabet soup" courses which are the IS-100, IS-200 and IS-700. These give you a good insight into the Federal mindset of how command is handled in situations where multiple agencies respond.

DHS IS-275 Role of the Emergency Operations Center in Community Preparedness, Response & Recovery

<http://training.fema.gov/EMIWeb/IS/is275.asp>

DHS Description: The goal of this independent study course is to provide the user with the

understanding of the vital role an Emergency Operations Center (EOC) plays in the overall community's preparedness, response, and recovery activities.

This course is vital for understanding what FEMA/DHS thinks an EOC should do and is **highly recommended** for **all ARES/RACES members and Leadership who may operate in the EOC.**

DHS IS-317 Introduction to Community Emergency Response Team (CERT)

<http://training.fema.gov/EMIWeb/IS/is317.asp>

DHS Description: Introduction to CERT

This course is vital for understanding what FEMA/DHS thinks the CERT teams should do and should be **highly recommended** for **all ARES/Races leadership.**

NOAA Skywarn Spotter Sessions:

Information on Skywarn Spotter Sessions can be found at <http://www.skywarn.com/> Both the Basic and Advanced Spotter Sessions are suggested for all Arkansas ARES/RACES Members.

The Arkansas ARES/RACES Specific Training also includes but not limited to the following:

- (1.) Go Kits and Deployment Preparation.
- (2.) Directed and Tactical Nets.
- (3.) Formal NTS Message Handling.
- (4.) Red Cross Introduction to Disaster.
- (5.) National Incident Management System (NIMS) and how ARES/RACES fit into the Incident Command System structure of NIMS.
- (6.) Earthquake, flood, and other disaster training.
- (7.) Special event training.
- (8.) Equipment choices for emergency communications.
- (9.) Operations and logistics.
- (10.) Hazardous Materials.
- (11.) Personal safety and survival.
- (12.) Net operating guidelines.
- (13.) Basic communications skills.
- (14.) Terrorist event training.
- (15.) Emergency power operations.
- (16.) Elmering.
- (17.) Debriefings.
- (18.) Shadowing.
- (19.) Stress Management.
- (20.) Light search and rescue.

